

Cost Effective Ways to Improve your HERs Scores

Gord Cooke
2017



The **ci** team

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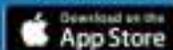
Max LaLiberte, President
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Primary focus:

Industry education, research, product development,
consultation to manufacturers, App support
Audience personally reached: +25,000/yr
Audience reached via App: +150,000

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The Agenda

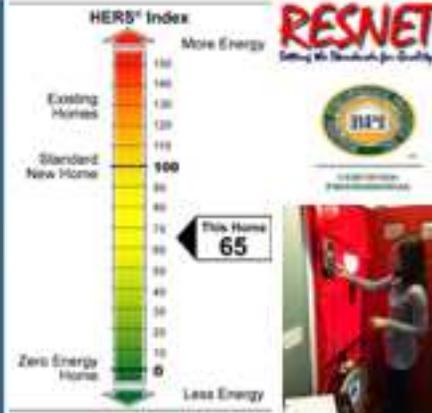
- A little about RESNET
- Their place in code
- Operating energy ratings to meet your goals
- Cost effective approaches to improve your scores



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About HERs

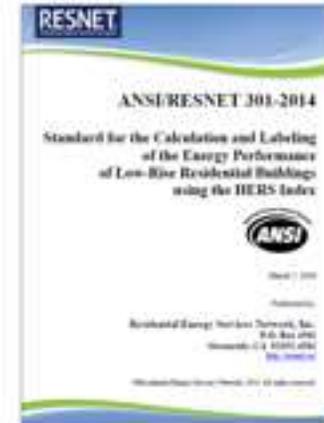
- History dates back to early 80's
- A consistent rating index by 2001
- RESNET formed in 1995, incorporated in 2002
- A network of about 10,000 pros
- Now a "Mortgage Industry National Home Energy rating Standard"



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About HERs

- Now an ANSI Consensus Standard
- Software protocols
- Rating protocols
- Field verification protocols
- Accreditation of raters
- Codes of practice & ethics



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The Index

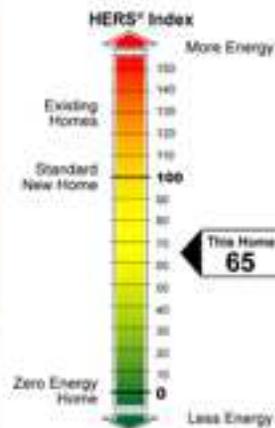
Takes into account

- Construction
- House tightness
- Full home airflows
- Thermostat type
- Weatherizer performance index
- Duct tightness and leakage
- HVAC
- Lights and Appliances
- Renewable energy systems

Includes:

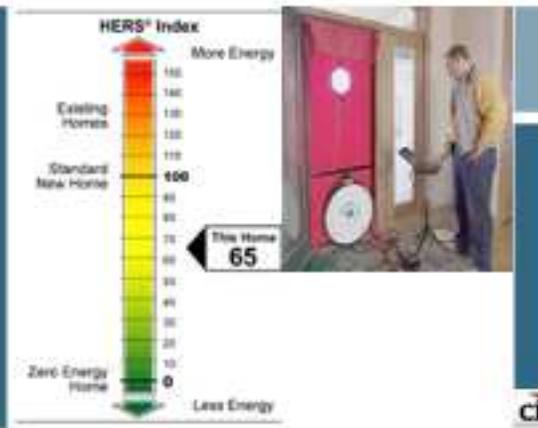
- Energy for heating
- Energy for cooling
- Energy for normal hot water use
- Energy for normal lights and appliances

Home Energy Rating System



The value of ratings

- Benchmark a starting point
- Verify performance
- Troubleshoot problems
- Educate & direct trades
- Validation of compliance
- R&D to find cost effective solutions



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HERS Ratings - modeling & projected ratings

Performance Path vs. Prescriptive

Energy modeling approach -

- Work with your HERS rater
- Consider the synergies inherent to a high performance house.
- Can typically achieve goals at lower construction costs.



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2015 Texas Code - Prescriptive Trade-off

ESL 4ACh¹⁰ Prescriptive Tradeoff Code Equivalency Compliance *

Envelope Component	Option #1	Option #2
R402.4 Air Leakage	≤ 4ACH ¹⁰	≤ 4ACH ¹⁰
Wall Insulation R-value	R13 + R3 ¹¹	R13 + R3 ¹¹
Penetration U-factor	≤ 0.32	≤ 0.32
Penetration SHGC	≤ 0.25	≤ 0.25
Ceiling R-value	≥ R49	≥ R49
Duct Insulation R-value	R6	R6
Radiant Barrier Required	No	Yes

* Except for the values listed in the table, all other mandatory code provisions are applicable.
¹¹ The first value listed is the R-value of cavity insulation, the second value is the R-value of the continuous insulation or insulated siding.

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Optimizing Performance

Interview and find a rater that understands your company

- Capacity
- Goals
- Training
- Knowledge
- Connections



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Find a HERS rater that can coach your folks



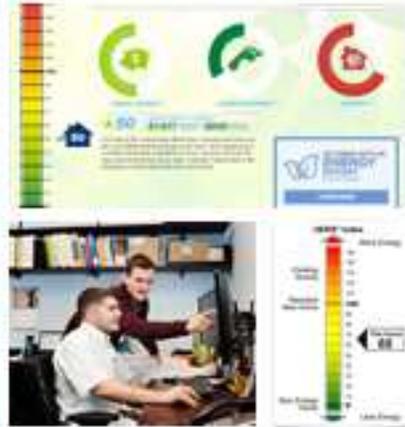
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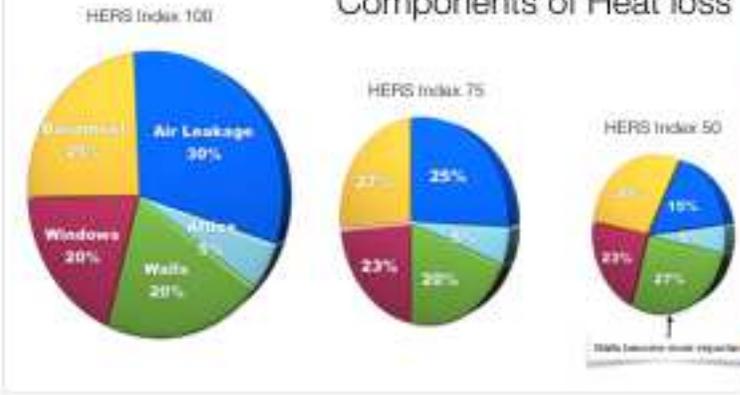
Optimizing Performance

Use the software as a tool

- It can guide specifications
- Work with your supply partners
- Know the sensitivity
- Compare it to HVAC calculations

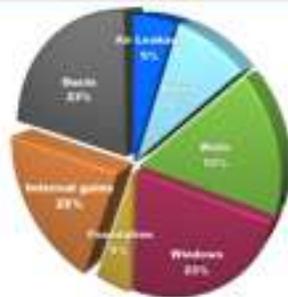


Components of Heat loss



Heat gain in buildings - typical HERs 80 home

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• What would you do first ?

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Top 3 Energy Elements

Northern Climates

1. Air Leakage
2. Foundations
3. Walls

Southern Climates

1. Windows
2. Duct location
3. Internal loads

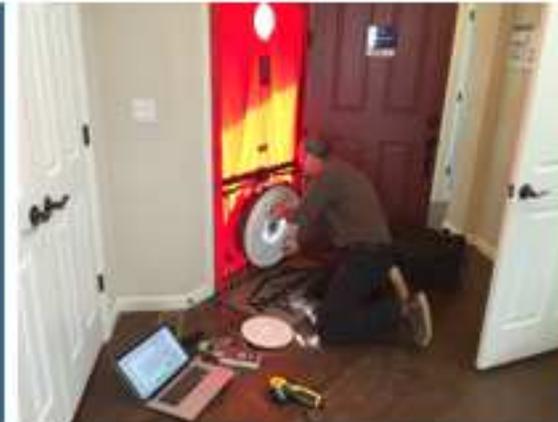
The Decision Matrix

How does our industry make decisions?

- Do they help reduce material and /or labor costs?
- Are they an opportunity for more or higher value sales?
- Will they reduce long term risks or warranty costs?
- How many trades are affected and how much training will be required
- Will they improve cycle or process times – do they make building houses easier?
- Will they drive us NUTS?

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More Airtight?
How Tight?



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2012 IECC - Changes

All homes are required to demonstrate more stringent air leakage requirements are met by a blower door test.

Code Version	Air leakage by climate zones ACH 50	
	2009 IECC	2012 IECC
Climate zones 1-2	NR	< 5 ACH
Climate zones 3-7	NR	< 3 ACH

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Is spray foam
the answer?



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Do we know how to apply our resources?



Do we know how to apply our resources?



Interior air barrier - Air Tight Drywall (ADA)

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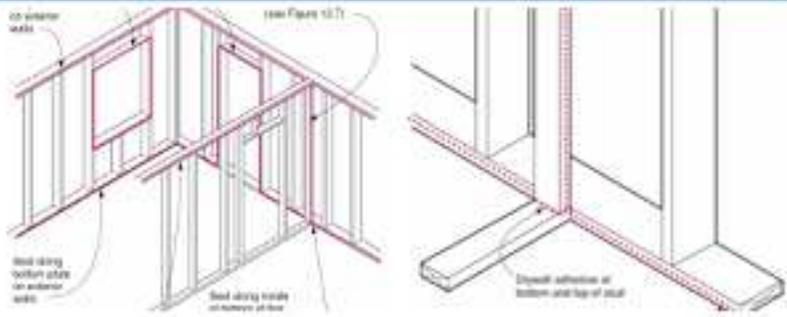
Creating air barriers in difficult locations

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Air sealing



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Knee walls - Six sided encapsulation



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Small holes do count



Simple Materials

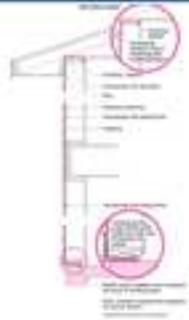
- Less than \$500 to get 25% better
- Your goal:
- Under 3 ACH50



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Exterior air barrier are very effective



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Effective leakage area



Air Sealing is important and inexpensive



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Example Opportunity
- 3000 ft², 2 storey - Zone 2

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	HERs	Annual Energy \$
Base Case	90	\$2460
Air Leakage to 7-3 ACH	86	\$2330
Ducts in Conditioned Space	82	\$2265

Effective R-Value Calculator - Walls



25% Heating no windows	R-Value	
	Cavity	Studs
Outside air film	0.17	0.17
Exterior insulation	0	0
1" OSB	0.62	0.62
2 x 8 Studwood	n/a	3.83
cavity insulation	10	n/a
1" gypsum	0.45	0.45
Interior air film	0.68	0.68
Sub-Totals	14.92	5.75
Total Wall R-Value	10.39	

0.11000



3 Ways to improve Effective R-values

- More cavity insulation
- Advanced / Optimized framing
- Continuous insulation



Effective R-Value Calculator - Walls



25% Heating no windows	R-Value	
	Cavity	Studs
Outside air film	0.17	0.17
Exterior insulation	0	0
1" OSB	0.62	0.62
2 x 8 Studwood	n/a	3.83
cavity insulation	10	n/a
1" gypsum	0.45	0.45
Interior air film	0.68	0.68
Sub-Totals	20.92	7.75
Total Wall R-Value	16.42	

0.07907

Is spray foam the answer?



Effective R-Value Calculator - Walls



25% Heating no windows	R-Value	
	Cavity	Studs
Interior air film	0.17	0.17
Exterior insulation	0	0
1/2" OSB	0.62	0.62
2 x 8 Studwood	0.6	0.83
Cavity insulation	12	0.6
1/2" gypsum	0.45	0.45
Interior air film	0.68	0.68
Sub-Totals	16.32	7.75
Total Wall R-Value	17.83	

0.002784

Optimize the Amount of Wood

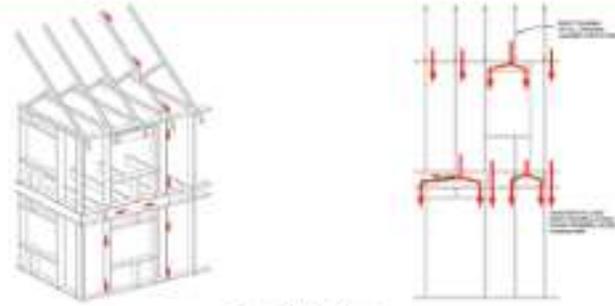
There are cost savings you might be missing



Is there room for insulation?



Simplified framing



© 2010 Building Science Corporation

Reduce project costs and improve the thermal enclosure

- Wide, Uniform bays
- 2 x 3 stud corners
- Ladder framing at intersecting walls
- Properly sized headers
- Single top plates



Wall intersections



Engineered Solutions

- Ease the process
- Optimize skilled labor
- Reduce training time
- Reduce implementation
- Optimize costs and performance



Effective R-value of 2 x 6 wall - Advanced framing

10% framing (no windows)	R VALUE	
	Cavity	Studs
Outside air film	0.17	0.17
Exterior insulation	0	0
1/2" OSB	0.62	0.62
2 x 4 stud cavity	n/a	8.83
cavity insulation	19	n/a
1/2" gypsum	0.45	0.45
Interior air film	0.68	0.68
Sub-Totals	20.90	7.70
Total Effective Wall R-Value	13.21	

Exterior insulation will be normal



Effective R-Value Calculator - walls



25% framing-no windows	R-Value	
	Cavity	Studs
Outside air film	0.17	0.17
Exterior insulation	9	9
1" OSB	0.82	0.82
2 x 8 stud wood	n/a	3.83
cavity insulation	19	n/a
1" gypsum	0.45	0.45
Interior air film	0.68	0.68
Sub-Totals	25.92	12.75
Total Wall R-Value	19.42	

Effective R-Value Calculator - Walls



25% framing-no windows	R-Value	
	Cavity	Studs
Outside air film	0.17	0.17
Exterior insulation	19	19
1" OSB	0.82	0.82
2 x 8 stud wood	n/a	3.83
cavity insulation	19	n/a
1" gypsum	0.45	0.45
Interior air film	0.68	0.68
Sub-Totals	26.92	15.75
Total Wall R-Value	20.39	

0.11000



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Insist on Grade 1 Insulation



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Properly installed insulation



Blown Insulation, like Cellulose, completely fills cavities

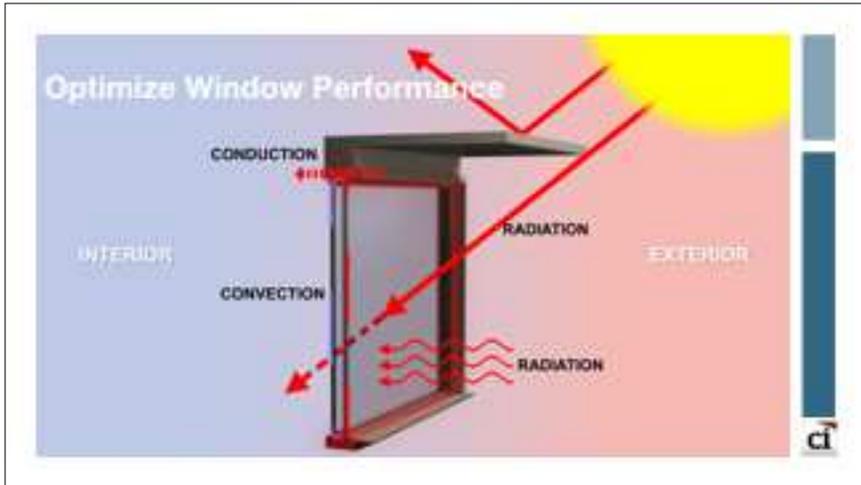


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Foam is not a cure-all...it requires careful installation too





Window performance

The chart compares two window types:

- Heat Flow:** Shows a window with a U-factor of 0.30 and a Solar Heat Gain Coefficient (SHGC) of 0.36.
- Energy Star:** Shows a window with a U-factor of 0.59 and an SHGC of 0.59.

 The Energy Star window is shown with a yellow sun icon, indicating higher solar radiation. The chart also includes a map of the United States and a small diagram of a window with solar radiation hitting it.



Conduction Heat Flow - Attics in summer

HF = Exposed area x Temp. difference / R-Value

Heat flow through 1000' attic floor =
 $1000 \times (135 - 75) / R-30 = 2000 \text{ BTU/hr}$

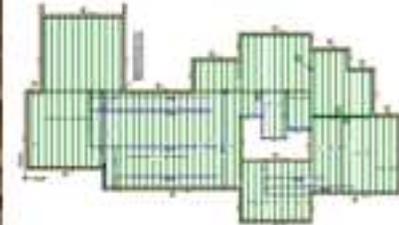
Heat flow through 100' of 8" dia. AC duct =
 $100 \times 2 \times (135 - 55) / R-8 = 2000 \text{ BTU/hr}$

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Ducts & equipment in conditioned space

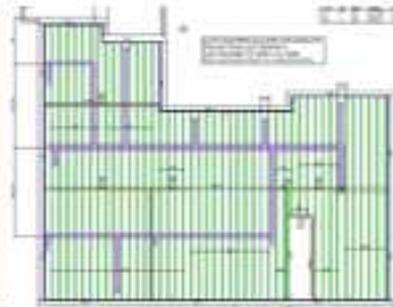
5 Strategies

- Ducts in the floor system
- Condition the attic
- Dropped or raised ceilings
- Bury the ducts
- Radiant barriers



Layout Floors to Accomodate HVAC

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It requires partnerships & patience

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Conditioned attics are an option
It can raise the value of a home

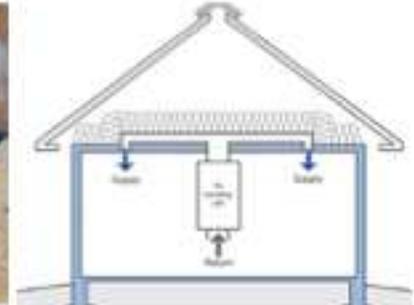




Dropped or raised ceilings



Properly sized and located grilles "throw" air to the perimeter windows and walls.



Buried Ducts are an Option



Radiant Barriers are Helpful

Value in hot climates

Lowers attic air temperatures

Easy process change

Cost effective



Example Opportunity - 3000 ft², 2 storey



	HEERs	Cooling Load
Base Case	90	54,000 BTUs/hr
Ducts in Conditioned Space	82	37,000 BTUs/hr
Radiant Barrier	86	42,000 BTUs/hr

Example Opportunity - 3000 ft², 2 storey



	HERs	Annual Energy \$
Base Case	90	\$2460
Ducts in Conditioned Space	82	\$2265
Radiant Barrier	86	\$2405

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Efficient Ventilation



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Advanced Water Heating



The HVAC opportunities 2000 ft²



	Comparison of Future Homes		
	HERs 100	HERs 70	HERs 50
Design Heat Loss	63,500 BTUs/hr	51,000 BTUs/hr	28,000 BTUs/hr
Heat Gain	3.5 tons	2.5 Tons	2 Tons
Annual Energy \$	\$3750/yr	\$2675/yr	\$1700/yr



Key Concepts & Opportunities

Not it... but what

Building science & HERS ratings help

- Find opportunities & avoid risks
- Appropriate material choices

Strategic partnerships

Continuous improvement



Thank You

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