Energy Efficiency & Renewable Energy

U.S. DEPARTMENT OF

BUILDING TECHNOLOGIES PROGRAM





BUILDING AMERICA BEST PRACTICES SERIES

40% Whole-House **Energy Savings in the Hot-Humid Climate**

PREPARED BY

Pacific Northwest National Laboratory & Oak Ridge National Laboratory

September 2011



MEASURE	Building America Recommendations	Builder #1	Builder #2	Builder #3					
INSULATION (take a look at a house under construction before sheetrock is installed)									
Insulation installed behind tubs, showers, stairs, fireplaces, etc.	Yes								
Insulation fills entire cavities—no voids or compressed batts— Attic insulation level without gaps and covers entire attic floor	Yes								
Rim joists are insulated	Yes								
Rigid foam insulation applied under exterior siding or stucco	Yes								
WINDOWS (take a look at a house under construction before exter	rior siding is installed	(b							
ENERGY STAR qualified windows, doors, and skylights	Yes								
Windows flashed to help repel water	Yes								
MOISTURE MANAGEMENT (take a look at a house under constr	uction before exteri	or siding is i	nstalled)						
Ground slopes away from house on all sides or drainage is addressed	Yes								
Housewrap, building paper, or rigid foam exterior insulation, taped at seams and caulked at edges, covers OSB walls in wood-framed houses	Yes								
Roof flashing in valleys, where walls and roofs intersect, and at other places where water may enter the house—the more complex the roof, the more flashing you should see. Diverter flashing is used where roofs touch walls to direct water away from wall and into gutter.	Yes								
Air gap between stucco, brick, or masonry cladding and housewrap	Yes								
Overhangs for shade and to direct water away from walls	Yes								
No polyethelyene in interior side of wall assembly. No vinyl wallpaper on interior face of exterior walls.	Yes								
Trees planted ten feet from house, no overhanging branches	Yes								
Plantings 18 to 36 inches away from the foundation	Yes								
No wood or siding in direct contact with ground minimum 8 in. clearance	Yes								
AIR BARRIERS									
Follow ENERGY STAR Version 3.0 thermal boundary guidelines	Yes								
All penetrations through exterior walls sealed	Yes								
Careful sealing of sheetrock or exterior sheathing	Yes								
Recessed can lights rated for insulation contact and airtight (ICAT)	Yes								
Electrical boxes on exterior walls caulked or gasketed	Yes								
Holes into attic sealed	Yes								
Attic hatch weather-stripped and insulated	Yes								
Air leakage tested with blower door test	Yes								
Draft stops installed behind tubs, showers, stairs, and fireplaces, under kneewalls and cantilevered floors, and in floor joist bays spanning garages and living spaces	Yes								
Garage completely sealed from conditioned areas of house	Yes								
Sill plates gasketed or sealed	Yes								

blocking attaches directly to the masonry block and serves as a draft and fire stop. The rigid insulation abuts the blocking but does not cover it or extend behind it. Foam seal or caulk all top plate penetrations and exterior wall penetrations.

- Use pressure-treated lumber to frame out sub-jambs and spacers within window and door rough openings.
- As with other walls, penetrations to the exterior or through top and bottom plates should be foam sealed or caulked. Also air seal penetrations to garages and porches.
- Mud, tape, and caulk seams and corners of gypsum board and use sill sealer at top plates and bottom plates to control air leakage through the walls.
- When pouring the slab, take care to create a seat in the concrete to accept the block and seats in the concrete to act as drain pans where exterior doors and sliding doors will be located.

Roof Assemblies

Controlling Liquid Water in Roof Assemblies

Roof and wall assemblies must contain surfaces that will drain water in a continuous manner down and off the building. Water must have a path that will take it from its point of impact, around any elements, such as chimneys, windows, doors, and seams, all the way to the exterior ground, and away from the house. Consider implementing the following recommendations:

- Properly flash valleys and roof edges.
- Size gutters and downspouts to accommodate anticipated storms. Show gutter sizes on elevations and specify sizes in construction documents.
- Provide downspout drainage to carry water at least 3 feet beyond the building.
- Use kick-out diverters properly integrated with flashing to direct water away from the side of the house.
- In areas with potentially high winds and heavy rains, install 4-inch to 6-inch "peel and seal" self-adhering water-proofing strips over joints in roof decking before installing the roof underlayment and cover.
- Keep roof geometry simple. The more complex the roof—the more dormers, ridges, and valleys—the more likely the roof will leak.









(A) Deluging rains in the hot-humid climate can overwhelm gutters. Improper flashing) can allow water into walls, causing significant damage. (B) Improvised deflectors that are improperly integrated into the wall flashing and gutter are rarely sized to handle the volume of water that can run off the roof in a large downpour and they may contribute to water entry into the wall. (**C**) To keep the water out, flashing should be integrated with the house wrap, siding, and shingles or roof tiles and (**D**) the diverter should be seamless and adequately sized to direct all of the water volume away from the wall and into the gutter. See Chapter 14 for details. (Photo Sources: A, *C, D - DryFlekt Products, Inc.; B - Steve Easley)*



Indoor airPLUS Verification Checklist



Address or Div/Lot#:								
City/Sta	/State/Zip: Date:			Verified by				
Section		Requirements (see Indoor airPLUS Construction Specifications for details) N/A		Builder	Rater			
	Water-Managed Site and Foundation							
	1.1 Site & foundation drainage: sloped grade, protected drain tile, & foundation floor drains							
	1.2	Capillary break below concrete slabs & in crawlspaces (Exception - see specification)						
	1.3 Foundation wall damp-proofed or water-proofed (Except for homes without below-grade walls)							
	1.4 Basements/crawlspaces insulated & conditioned (Exceptions - see specification)							
	Water-Managed Wall Assemblies							
-	1.5 Continuous drainage plane behind exterior cladding, properly flashed to foundation							
ontr	1.6	Window & door openings fully flashed						
2 2	Wate	-Managed Roof Assemblies						
istu	1.7	Gutters/downspouts direct water a minimum of 5' from foundation (Except in dry climates)						
Ŵ	<mark>1.8</mark>	Fully flashed roof/wall intersections (step & kick-out flashing) & roof penetrations						
	1.9	Bituminous membrane installed at valleys & penetrations (Except in dry climates)						
	1.10	Ice flashing installed at eaves (Except in Climate Zones 1 - 4)						
	Interior Water Management							
	1.11	Moisture-resistant materials/protective systems installed (i.e., flooring, tub/shower backing, & piping)						
	1.12	No vapor barriers installed on interior side of exterior walls with high condensation potential						
	1.13	No wet or water-damaged materials enclosed in building assemblies						
5	2.1	Approved radon-resistant features installed (Exception - see specification)						
Rade	2.2	Two radon test kits & instructions/guidance for follow-up actions provided for buyer (Advisory-see specification)						
s	3.1	Foundation joints & penetrations sealed, including air-tight sump covers						
Pest	3.2	Corrosion-proof rodent/bird screens installed at all openings that cannot be fully sealed (e.g. attic vents)						
	4.1	HVAC room loads calculated, documented: system design documented: coils matched						
НИАС	4.2	Pust austern design desumented & preparty installed OB dust sustern tested						
	4.2	Duct system design documented & propeny installed on duct system tested (check box in tested)						
	4.3	No air nandling equipment or ductwork installed in garage; continuous air barrier required in adjacent assemblies	_					
	4.4	Rooms pressure balanced (using transfer grills or jump ducts) as required OR tested (check box if tested)						
	4.5	Whole house ventilation system installed to meet ASHRAE 62.2 requirements						
	4.6	Local exhaust ventilation to outdoors installed for baths, kitchen, clothes dryers, central vacuum system, etc.						
	4.7	Central forced-air HVAC system(s) have minimum MERV 8 filter, no filter bypass, & no ozone generators						
	4.8	8 Additional dehumidification system(s) or central HVAC dehumidification controls installed (In warm-humid climates only)						
	Combustion Source Controls							
ants	5.1	Gas heat direct vented; oil heat & water heaters power vented or direct vented (Exceptions - see specifications)						
olluta	5.2	Fireplaces/heating stoves vented outdoors & meet emissions/efficiency standards/restrictions						
n Pc	5.3	Certified CO alarms installed in each sleeping zone (e.g., common hallway) according to NFPA 720						
istio	5.4	Smoking prohibited in common areas; outside smoking at least 25' from building openings (Multi-family homes only)						
mbr	Attached Garage Isolation							
ပိ	5.5	Common walls/ceilings (house & garage) air-sealed before insulation installed; house doors gasketed & closer installed						
	5.6	Exhaust fan (minimum 70 cfm, rated for continuous use) installed in garage & vented to outdoors (controls optional)						
Materials	6.1	Certified low-formaldehyde pressed wood materials used (i.e., plywood, OSB, MDF, cabinetry)						
	6.2	Certified low-VOC or no-VOC interior paints & finishes used						
	6.3	Carpet, adhesives, & cushion qualify for CRI Green Label Plus or Green Label testing program						
Final	7.1	HVAC system & ductwork verified dry, clean, & properly installed						
	7.2	Home ventilated before occupancy OR initial ventilation instructions provided for buyer						
	7.3	Completed checklist & other required documentation provided for buyer						
Rater/Provider: Builder:								
Company: Company								
Signatu	Signature: Signature:							

Wall-to-Roof Flashing

Kick-Out Diverter Flashing Details - Housewrap Installed Over OSB or Plywood as Water-Resistive Barrier

Water runoff from rain storms can run along roof-wall intersections and spill over gutters to flow down exterior walls. If flashing is lacking or inadequate, this water runoff can get inside the wall and cause serious damage. Anywhere roof sections adjoin wall sections, side-wall flashing should be used to keep water from entering the walls and kick-out diverters should be used to direct the rain water into rain gutters where it can be carried down and away from the structure. The kick-out flashing should be seamless and sized (as shown in the photos below) to effectively manage large volumes of water run-off associated with torrential rains from a variety of roof pitches, with an appropriate expected service life to avoid premature failures. (*Photos Source: DryFlekt Products, Inc.*)



STEP 1 Apply drip edge and roof underlayment over roof deck. Continue lapping up the sidewall and over the water-resistive barrier (in this case housewrap) a minimum of 6 inches.



STEP 2 Install shingle starter strip at roof eave in accordance with roofing manufacturer's instructions.

- Place seamless one-piece of non-corrosive kick-out diverter flashing as the first piece of step flashing.
- Slide kick-out diverter up roof plane until the starter trough stops at the shingle starter strip.
- The diverter must be flat on the roof and flush to the sidewall.
- Fasten and seal diverter to the roof deck and starter strip. (Do not fasten to the sidewall.)



STEP 3 Place first shingle and next section of sidewall flashing over the up-slope edge of diverter, lapping a minimum of 4 inches over diverter. (Sidewall flashing height requirement should be determined by design professional and local building codes.)



STEP 4 Install remaining sidewall flashing, appropriate counter flashing, and shingles in accordance with manufacturer's instructions.



STEP 5 Apply self-adhesive flashing over top of wall flashing, diverter, and housewrap.



STEP 6 Install house wrap; cut the house wrap to fit over the self-adhesive flashing and sidewall flashing.

STEP 7 Apply siding over housewrap.

Wall-to-Roof Flashing

Kick-Out Diverter Flashing Details - Rigid Foam Insulation Installed as a Water-Resistive Barrier

Water runoff from rain storms can run along roof-wall intersections and spill over gutters to flow down exterior walls. If flashing is lacking or inadequate, this water runoff can get inside the wall and cause serious damage. Anywhere roof sections adjoin wall sections, side-wall flashing should be used to keep water from entering the walls and kick-out diverters should be used to direct the rain water into rain gutters where it can be carried down and away from the structure. The kick-out flashing should be seamless and sized (as shown in the photos below) to effectively manage large volumes of water run-off associated with torrential rains from a variety of roof pitches, with an appropriate expected service life to avoid premature failures. (*Photos Source: DryFlekt Products, Inc.*)



STEP 1 Apply drip edge and roof underlayment over roof deck and continue lapping up the sidewall and over the water-resistive barrier (in this case rigid foam insulation) a minimum of 7 inches.



STEP 2 Install shingle starter strip at roof eave in accordance with roofing manufacturer's instructions.

- Place seamless, one-piece, non-corrosive kick-out diverter flashing as the first piece of step flashing.
- Slide kick-out diverter up roof plane until the starter trough stops at the shingle starter strip.
- Diverter must be flat on the roof and flush to the sidewall.
- Fasten and seal diverter to the roof deck and starter strip. (Do not fasten to the sidewall.)



STEP 3 Place first shingle and next section of sidewall flashing over up-slope edge of diverter, lapping a minimum of 4" over diverter.

(Sidewall flashing height requirement should be determined by design professional and local building codes.)



STEP 4 Install remaining sidewall flashing, appropriate counter flashing and shingles in accordance with manufacturer's instructions.



STEP 5 Apply self adhesive flashing over top of wall flashing, diverter and rigid foam insulation.



STEP 6 Apply construction tape over the self-adhered flashing.

STEP 7 Apply siding over rigid foam insulation.